

# KEEP YOUR KIDS SAFE ONLINE

## TCO<sub>2</sub> Presentations

Each year students in Gr. 4 - 7 participate in an online safety presentation called Taking Care of Ourselves and Others. Put on by a local organization called Children of the Streets, preventing child sexual exploitation is their goal. Check out their parent resource, [Ten Tips for Staying Safe Online](#). To learn more about child exploitation prevention see their [Resources](#) page.

## What are kids up to?

Find out the current interests and risks that kids are exposed to online, listed by age group, and how you can support and protect your child online at [Protect Kids Online](#).

## Screen Time Habits

For guidance and resources for parents wanting to teach and equip their children with healthy screen habits visit [Keep Tech In Check](#).



## Your kids are important to us!

The digital era that we are living in creates an extra challenge for parents and caregivers as we try to keep up with the technology in our children's lives. How can we teach them to be responsible digital citizens and learn how to use technology as a tool to help them learn? How to support them as they use digital media to express their creativity and engage in the entertaining aspect of technology in moderation? How can we guide them so they can enjoy all the benefits while keeping them safe online?

Read on for websites, webinars and workshops to equip yourself to help your kids.





### Online Parent Education Sessions

Nov. 13<sup>th</sup>: Social Media Awareness, Digital Citizenship, and Cyberbullying

Jan. 21<sup>st</sup>: Cellphones: What's Healthy, What's Not, and What We Can Do to Support Our Kids

Feb. 25<sup>th</sup>: Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression

Apr. 8<sup>th</sup>: Cybersafe from Exploitation

**Visit For more information and to register visit:**

<https://sd38.bc.ca/news/2024-10-16/parent-education-sessions>

BC Children's Hospital Kelty  
Mental Health

**Nov. 27<sup>th</sup> Parent Webinar**

**Register Today!**



**Click on images for more parent resources**

